

The Way of Love

El Camino del Amor

[Chapter 4 of Amoris Laetitia]

♥ Pope Francis' practical guide to love in marriage

1 Love is patient

Patience takes root when I recognize that other people also have a right to live in this world, just as they are.

2 Love is kind

Love allows us to experience the happiness of giving, the nobility and grandeur of spending ourselves unstintingly, without asking to be repaid, purely for the pleasure of giving and serving.

3 Love is not jealous

True love values the other person's achievements. It does not see him or her as a threat. It frees us from the sour taste of envy.

4 Love is not boastful

Love is marked by humility; if we are to understand, forgive and serve others from the heart, our pride has to be healed and our humility must increase.

5 Love is not rude

Love is not harsh. Its actions, words and gestures are pleasing and not abrasive or rigid. Love abhors making others suffer.

6 Love is generous

Love can transcend and overflow the demands of justice, "expecting nothing in return" (Lk 6:35).

7 Love is not irritable or resentful

Our first reaction when we are annoyed should be one of heartfelt blessing, asking God to bless, free and heal that person.

8 Love forgives

Forgiveness requires a ready and generous openness of each and all to understanding, to forbearance, to pardon, to reconciliation.

9 Love rejoices with others

If we fail to learn how to rejoice in the well-being of others, and focus primarily on our own needs, we condemn ourselves to a joyless existence.

11 Love hopes all things

This phrase speaks of the hope of one who knows that others can change, mature and radiate unexpected beauty and untold potential.

10 Love bears all things

We have to realize that all of us are a complex mixture of light and shadows. The other person is much more than the sum of the little things that annoy me.

13 Love endures all things

Love shows a certain dogged heroism, a power to resist every negative current, an irrepressible commitment to goodness.

12 Love believes all things

Love trusts, it sets free, it does not try to control, possess and dominate everything.



“ If I have all faith so as to move mountains, but do not have love, I am nothing. ” 1 Cor 13:2